



*Caring, Committed,  
Challenging*

# Cross Ash Primary School

Cross Ash, Abergavenny, Monmouthshire. NP7 8PL

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## Newsletter- Newyddion

**8<sup>th</sup> September (Medi) 2022**



*Right of the Month: To an Education, to learn*

*Value of the Month: Courage*

*Seal Theme: New Beginnings*

Dear Parents, Carers and Friends,

Annwyl Rhieni,

Welcome back everyone. I hope that you had a wonderful holiday with the heatwave conditions, and all feel relaxed and well.



Today we have held an assembly where we have sensitively discussed the death of our Queen. The children have shown a huge interest in the life of the Queen since the Platinum Jubilee topic and the celebrations that we held last term. You will also have received books earlier this week in which her life was celebrated. These were provided to schools by Welsh Government and were ordered many months ago. We discussed this sad news in a way that celebrated her long reign and achievements.

We are here to support your children in any way we can, so please don't hesitate to get in touch if you feel that your child needs some extra support as a result of this news.

There are many online Books of Condolence available for you to put your thoughts in if you wish to do so. The official website for the Royal Family holds an online book too. [www.royal.uk](http://www.royal.uk) Monmouthshire will also be providing an online book and physical books at various places throughout the county and we have been asked to lower flags as a

mark of respect too. Our thoughts are with the Royal Family at this very sad time. She was a remarkable lady.

September still feels exciting for me. It is the chance of a new start and I feel that much more strongly than I do when it is January. The new Curriculum for Wales is now statutory, and we continue to enjoy the journey of developing this over the years ahead. We will be giving you lots of different information as the term progresses.

Last year we attempted to get back to some normality once Covid restrictions were lifted slowly after Easter. This year we are hoping to get back to the way we love Cross Ash Primary to be! A choir event called 1000 Voices is already planned for this term, the children have been working on competition entries for Usk Show this weekend, swimming will begin next week and after school provision will begin from the 19<sup>th</sup> September. We keep everything crossed for an uninterrupted year!

We have welcomed our Reception children and their families to Cross Ash this week. They have been wonderful in every way. Well done Dosbarth Derbyn. We have also welcomed Jacob, Lila, Leon and Noelle. Again, they have settled in beautifully!

The school kitchen has undergone renovations over the summer in readiness for the provision of free meals for the Foundation Phase children. This has been a big project and we are so glad to see so many children taking up this offer. Thank you canteen staff for working so hard to get this up and running.



Miss Phillips and Dan managed to make it up to the top of Mount Kilimanjaro. It was a tough trip and it was great to follow their daily progress online. We are so proud of their achievement and also so delighted at the good news that Dan proposed to her the very top! Miss Phillips is going to share this adventure with the children and with you very soon! They have raised a huge amount of money and she thanked the children for this in the assembly today. Thank you for your support. Look out for next

week's newsletter!

**IMPORTANT:** Please can all parents update the office if they have moved to a new house or changed phone numbers.

Also, if your child has any medical needs which need updating please get in touch.

Have a lovely weekend all.

Kind regards /Cofion Cynnes,

**Kathryn Presdee**

**Pennaeth /Prifathrawes**

## Dates for your Diary

<b>Wednesday 7<sup>th</sup> September</b>	<b>Year 6 Swimming to commence</b>
<b>Wednesday 21<sup>st</sup> September</b>	<b>Proposed Choir Event – Cardiff – more details to follow</b>
<b>Monday 26<sup>th</sup> September</b>	<b>Training Day</b>
<b>Tuesday 20<sup>th</sup> September</b>	<b>Individual photos to be taken</b>
<b>Monday 10<sup>th</sup> October</b>	<b>Open afternoon from 1.30pm</b>
<b>w/c Mon 10<sup>th</sup> Oct</b>	<b>Parent Consultations – details to follow</b>
<b>Monday 17<sup>th</sup> October</b>	<b>Scholastics Book Fair Delivery</b>
<b>Monday 24<sup>th</sup> October</b>	<b>Scholastics Book Fair Collection</b>
<b>Monday 31<sup>st</sup> Oct – Friday 4<sup>th</sup> Nov</b>	<b>Half Term Holiday</b>
<b>Monday 5<sup>th</sup> December</b>	<b>Flu Immunisations – more details to follow</b>
<b>Monday 9<sup>th</sup> January</b>	<b>Training Day</b>

**To be arranged: Harvest Festival at Skenfrith Church – more details to follow**

**After School Clubs – week commencing 19<sup>th</sup> Sept – more details to follow**

PLEASE REMEMBER THAT WE ARE A NUT FREE SCHOOL. This is vitally important. We have children and staff with nut allergies within school. Please take note of the ingredients in sandwich spreads too eg. Nutella. Thank you in advance for your support with this.



## Twitter

Follow us if you can!

@CrossAshPrimary (whole school account)

@CrossAshRec @CrossAshY1 @CrossAshY2 @CrossAshY3 @CrossAshY4 @CrossAshY5 @CrossAshY6



## Welsh Words for the Fortnight



Welcome – Croeso

Bore da – Morning

Prynhawn da – Good afternoon



# Training Day

Staff enjoyed an afternoon of forest school training with Clare Adams, Outdoor Education Advisor for Monmouthshire, on Friday. We built fires, identified flora and fauna, cooked our own food outside and used knot-tying skills to develop activities that we can use during outdoor learning sessions. It was a great afternoon, and we are looking forward to putting our new skills to the test with the pupils!



**Self-Care September 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1. Find time for self-care. It's not selfish, it's essential.	2. Notice the things you do well, however small.	3. Let go of self-criticism and speak to yourself kindly.	4. Plan a fun or relaxing activity and make time for it.
5. Forgive yourself when things go wrong. Everyone makes mistakes.	6. Focus on the basics: eat well, exercise and go to bed on time.	7. Give yourself permission to say 'no'.	8. Be willing to share how you feel and ask for help when needed.	9. Aim to be good enough, rather than perfect.	10. When you find things hard, remember it's ok not to be ok.	11. Make time to do something you really enjoy.
12. Get active outside and give your mind and body a natural boost.	13. Be as kind to yourself as you would to a loved one.	14. If you're busy, allow yourself to pause and take a break.	15. Find a caring, calming phrase to use when you feel low.	16. Leave positive messages for yourself to see regularly.	17. No plans day. Make time to slow down and be kind to yourself.	18. Ask a trusted friend to tell you what strengths they see in you.
19. Notice what you are feeling, without any judgement.	20. Enjoy photos from a time with happy memories.	21. Don't compare how you feel inside to how others appear outside.	22. Take your time. Make space to just breathe and be still.	23. Let go of other people's expectations of you.	24. Accept yourself and remember that you are worthy of love.	25. Avoid saying 'I should' and make time to do nothing.
26. Find a new way to use one of your strengths or talents.	27. Free up time by cancelling any unnecessary plans.	28. Choose to see your mistakes as steps to help you learn.	29. Write down three things you appreciate about yourself.	30. Remind yourself that you are enough, just as you are.		

**ACTION FOR HAPPINESS**      **Happier · Kinder · Together**

## Gwent Music

Please contact 01633210800 if interested in lessons for your child

Monday – Martin Davies - Brass

Tuesday – Chris Davis - Vocal

Thursday – Siobhan Morgan - Piano

Friday – Selena Hamilton – Strings



# In the Classes

## Year 6

Welcome back to our fantastic Year 6 pupils! We have had a great first week and everyone has settled in well. We started this week by discussing the values and qualities that we would like to demonstrate as Year 6 pupils, in order to inspire and encourage younger children throughout the school. We have certainly hit the ground running, and are looking forward to the new and exciting academic year.

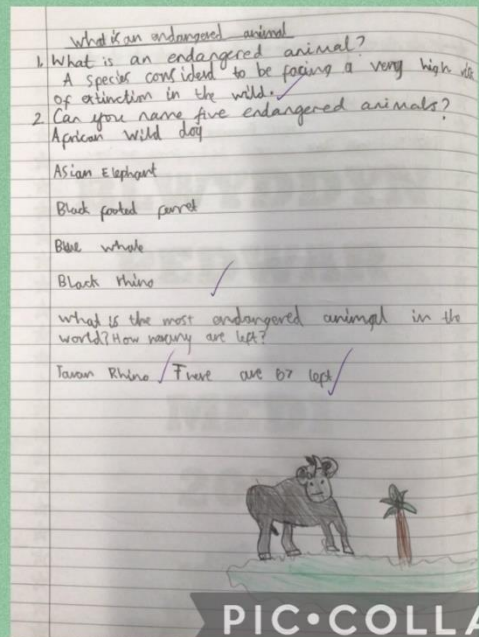
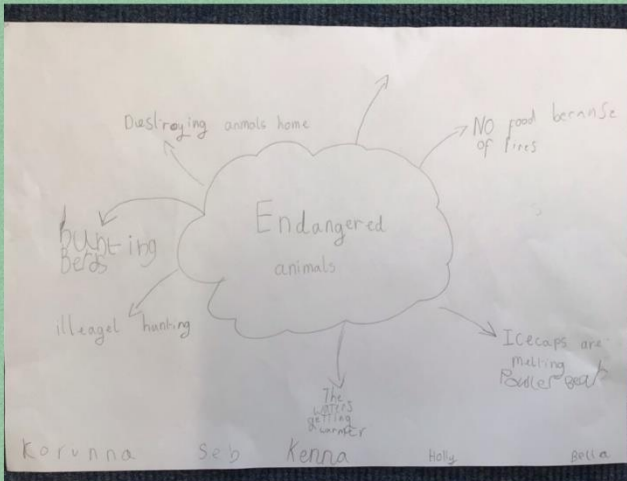
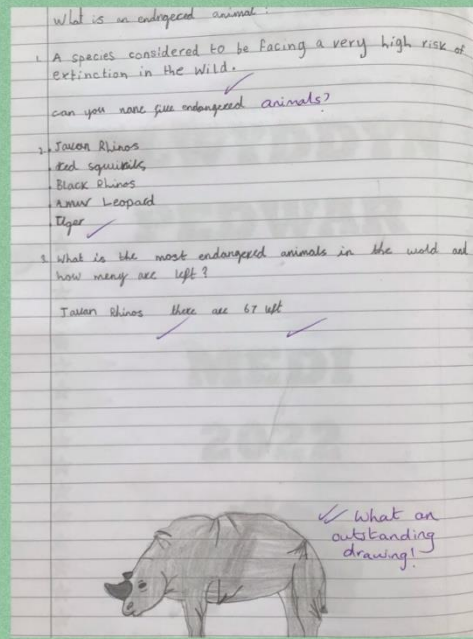
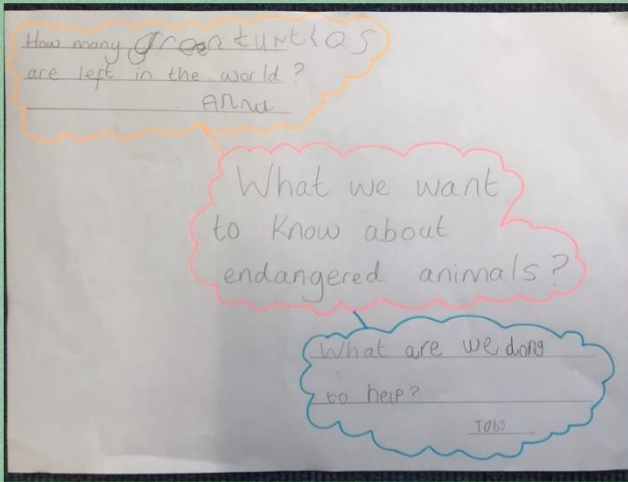






# Year 4

Blwyddyn pedwar has made such a fabulous start to the year! We have started our new topic 'Endangered animals' and all children have engaged with the discussion and research work with positivity and enthusiasm. Da iawn blwyddyn pedwar!



PIC•COLLAGE



# Year 3

This week we have all settled really well into Year 3. We have been doing lots of research about our new topic and using ICT to find more lots of information.



## Year 2

What a positive start to Blwyddyn 2! Everybody has been busy exploring our classroom and settling into a new academic year. As you can see, we love our Reading Corner!





## Year 1

We have had a wonderful first week in Year 1. We have been sharing our "Get to know me" bags with Miss Phillips and she has learnt lots about us!

We have also been busy painting minibeasts for the children's competitions at Usk Show! If you are going on Saturday, keep a look out for our entries!

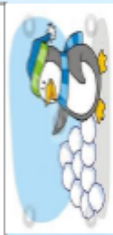


## Reception



# New Menu wef 5.9.22

WEEK 1	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 05/09/2022 • 26/09/2022 • 17/10/2022 • 14/11/2022 • 05/12/2022 • 09/01/2023 • 30/01/2023 • 27/02/2023 • 20/03/2023				
MONDAY	Hawaiian Pizza with Homemade Wedges or Pasta Baked Beans or Peas	Cheese & Tomato Pizza served with Homemade Wedges or Pasta Baked Beans or Peas	Jacket Potato with Various Fillings	Chocolate Whirl & a Glass of Milk
TUESDAY	Homemade Pasta Bolognese served with Garlic Bread & Mixed Vegetables	Homemade Vegetable Pasta Bolognese served with Garlic bread & Mixed Vegetables	Jacket Potato with Various Fillings	Toffee Apple Crumble & Custard
WEDNESDAY	Roast Turkey with Homemade Stuffing, Roast & Boiled Potatoes, Carrots, Green Beans & Gravy	Quorn in Gravy, Homemade Stuffing, Roast & Boiled Potatoes, Carrots, Green Beans & Gravy	Jacket Potato with Various Fillings	Cookie Ice-cream
THURSDAY	Sausage, Yorkshire Pudding, Pasta/Mashed Potato, Peas & Gravy	Homemade Glamorgan Sausage, Yorkshire Pudding, Mashed Potato, Peas & Gravy	Jacket Potato with Various Fillings	Jaffa Sponge & Custard
FRIDAY	Fish Fingers or Salmon Fish Cake with a choice of Chips/Pasta or Mashed Potato, Baked Beans or Peas	Cheese & Tomato Frittata with a choice of Chips/Pasta or Mashed Potato Baked Beans or Peas	Jacket Potato with Various Fillings	Corffigle Tart & Custard
WEEK 2				
WEEK COMMENCING: 12/09/2022 • 03/10/2022 • 24/10/2022 • 21/11/2022 • 12/12/2022 • 16/01/2023 • 06/02/2023 • 06/03/2023 • 27/03/2023				
MONDAY	Cheese & Potato Pie with Crusty Bread, Baked Beans or Peas	Tomato & Basil Pasta with Crusty Bread & Peas	Jacket Potato with Various Fillings	Mandarin Sponge
TUESDAY	Chicken Karma with Rice served with Mann Bread & Sweetcorn or Ravioli & Cheese served with 1/2 Jacket Potato & Sweetcorn	Vegetable Karma with Rice served with Mann Bread & Sweetcorn	Jacket Potato with Various Fillings	Autumn Crumble & Custard
WEDNESDAY	Roast Beef, Yorkshire Pudding, Roast & Boiled Potatoes Carrots, Broccoli & Gravy	Cauliflower & Broccoli Cheese Bake, Roast & Boiled Potatoes Carrots, Broccoli & Gravy	Jacket Potato with Various Fillings	Fruit Jelly & Ice-cream
THURSDAY	Homemade Carbonara served with Crusty Bread & Mixed Vegetables	Homemade Vegetable Carbonara served with Crusty Bread & Mixed Vegetables	Jacket Potato with Various Fillings	Jam Tart & Custard
FRIDAY	Salmon Fish Cake or Fish Fingers with a choice of Chips/Pasta or Mashed Potato, Baked Beans or Peas	Veggie Bake with a choice of Chips/Pasta or Mashed Potato Baked Beans or Peas	Jacket Potato with Various Fillings	Chocolate Muffin & a Glass of Milk
WEEK 3				
WEEK COMMENCING: 19/09/2022 • 10/10/2022 • 07/11/2022 • 28/11/2022 • 19/12/2022 • 23/01/2023 • 13/02/2023 • 13/03/2023				
MONDAY	Mac & Cheese served with Crusty Bread & Sweetcorn	Tomato & Basil Pasta served with Crusty Bread & Sweetcorn	Jacket Potato with Various Fillings	Carrot Cake
TUESDAY	Homemade Lasagne served with Garlic Bread & Mixed Vegetables	Homemade Vegetable Lasagne served with Garlic Bread & Mixed Vegetables	Jacket Potato with Various Fillings	Autumn Crumble & Custard
WEDNESDAY	Roast Turkey, Homemade Stuffing, Roast & Boiled Potatoes Carrots, Green Beans & Gravy	Homemade Glamorgan Sausage, Homemade Stuffing Roast & Boiled Potatoes, Carrots, Green Beans & Gravy	Jacket Potato with Various Fillings	Fruity Rice Pudding
THURSDAY	Meatballs in Tomato Sauce with Pasta & Peas	Veggie Balls in Tomato Sauce, Pasta & Peas	Jacket Potato with Various Fillings	Chocolate Goosey Cake
FRIDAY	Battered Salmon Fillet or Fish Finger with a choice of Chips/Pasta or Mashed Potato, Baked Beans or Peas	Veggie Bake served with a choice of Chips/Pasta or Mashed Potato Baked Beans or Peas	Jacket Potato with Various Fillings	Toffee Tart



**Bread, Fresh Fruit and Salad Bar Available Daily**  
 Due to circumstances beyond our control, there may at times be a slight variance in our menus; we apologise for any inconvenience this may cause. The fruit and vegetables we serve are also subject to seasonal variation.





# MCC NOTICES



## Derbyniadau i Ysgolion Admissions to School

**MEDI ▶ SEPTEMBER 2023**

### Derbyn i Ddosbarth Meithrin

Os ganwyd eich plentyn rhwng 1 Medi 2019 a 31 Awst 2020, gallech fod am wneud cais am le meithrin ar gyfer mis Medi 2023.

**Pecynnau ar gael i rieni**      8 Gorffennaf 2022  
**Dyddiad cau ar gyfer ceisiadau**    16 Medi 2022 am 5pm

**Hysbysir rhieni erbyn:**  
 4 Tachwedd 2022 (lle Codi'n 3 yn gymwys ar gyfer Ionawr 2023)  
 4 Tachwedd 2022 (lle Codi'n 3 yn gymwys ar gyfer Ionawr 2023)  
 6 Mawrth 2023 (lle Codi'n 3 yn gymwys ar gyfer Ebrill 2023)

### Admission to Nursery

If your child's date of birth is between 1st September 2019 and 31st August 2020, you may want to apply for a nursery place for September 2023.

**Packs available to parents**      8th July 2022  
**Closing date for applications**    16th September 2022 at 5pm

**Parents informed by**  
 4th November 2022 (Sept 2023 Intake)  
 4th November 2022 (Rising 3 place eligible for January 2023)  
 6th March 2023 (Rising 3 place eligible for April 2023)

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### Derbyn i Ysgol Gynradd

Os yw dyddiad geni eich plentyn rhwng 1 Medi 2018 a 31 Awst 2019, bydd angen i chi wneud cais am le mewn Dosbarth Derbyn ym mis Medi 2023.

**Pecynnau ar gael i rieni**      2 Tachwedd 2022  
**Dyddiad cau ar gyfer ceisiadau**    11 Ionawr 2023 am 5pm

**Dyddiad cynnig**                    17 Ebrill 2023

### Admission to Primary

If your child's date of birth is between 1st September 2018 and 31st August 2019, you will need to apply for a Reception place for September 2023.

**Packs available to parents**      2nd November 2022  
**Closing date for applications**    11th January 2023 at 5pm

**Offer date**                            17th April 2023

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### Derbyn i Ysgol Uwchradd

Os yw eich plentyn ar hyn o bryd ym mlwyddyn 6 mewn Ysgol Gynradd, bydd angen i chi wneud cais er mwyn iddo/iddi gael ei drosglwyddo i'r Ysgol Uwchradd ym mis Medi 2023.

**Pecynnau ar gael i rieni**      21 Medi 2022  
**Dyddiad cau ar gyfer ceisiadau**    23 Tachwedd 2022 am 5pm

**Dyddiad cynnig**                    1 Mawrth 2023

Ystad dyddiadau geni: 01/09/2011 - 31/08/2012  
 Ni fydd eich plentyn yn gallu dechrau'r ysgol/drosglwyddo i'r Ysgol Uwchradd os na fyddwch yn gwneud cais am le yn yr ysgol.

### Admission to Secondary School

If your child currently attends year 6 at a Primary School, you will need to apply for them to transfer to Secondary for September 2023.

**Packs available to parents**      21st September 2022  
**Closing date for applications**    23 November 2022 at 5pm

**Offer date**                            1st March 2023

Date of birth range: 01/09/2011 - 31/08/2012  
 Your child will not be able to start school/transfer to Secondary School unless you apply for a school place.

Pam na fanteisioch ar ein system gais on-lin? Why not take advantage of our online application system?

**Ewch i / Visit : [www.monmouthshire.gov.uk](http://www.monmouthshire.gov.uk)**

MONMOUTHSHIRE COUNTY COUNCIL / MONMOUTHSHIRE COUNTY COUNCIL  
 MONMOUTHSHIRE COUNTY COUNCIL / MONMOUTHSHIRE COUNTY COUNCIL  
 APPLICATIONS TO YOUR LOCAL AREA / MONMOUTHSHIRE COUNTY COUNCIL



We will be holding an Open Afternoon on Monday 10<sup>th</sup> October at 1.30 pm